



Get Well Soon

By Lucy Wall

I wrote this poem especially for a dear friend of mine called Wendy when she suffered from a rather serious bout of ill health and was taken into hospital as a result. Although we don't live close to one another, we do email on a weekly basis.

When Wendy was taken into hospital she was concerned about not being able to reply to me that week and so had her daughter-in-law text me to let me know why she wouldn't be able to respond for a while. I couldn't believe that in the middle of such awful physical trials, dearest Wendy was still more concerned with taking care of others! It's for this reason that the original version of this poem was called "Dearest Wendy." I sent it along to Wendy in the hope of bringing a little cheer to her day and to encourage my dear sister who has brought me so much encouragement over the years.

I felt I wanted the poem to be able to be used by others as well however to encourage any member of the Body of Christ who is perhaps going through a tough time physically. I've adapted the poem into two versions for male and female use and I pray it can be used to wish many people a heartfelt "Get Well Soon!"

Greetings dearest sister, I'm writing just to say
The news about events of late has filled me with dismay.
What uninvited drama! Such troubles undesired,
But still your grace and gentleness are there to be admired!

Your selfless way astounds me for though it's you who suffers,
Your focus and concern are centred more on loving others!
Such witness, dearest sister is really rather rare.
Your peace within this trial speaks to people everywhere.

And so I pray with fervency and ask our God above
That He would touch your heart today and fill you with His love.
May He bring you healing with His ever faithful touch,
His power knows no limits so we cannot ask too much!

I ask the Holy Spirit would encourage you today
And bring you every comfort with His warm embrace, I pray.
May your spirit be refreshed and strengthened from within
With thoughts of reassurance as you find your rest in Him.

You mean a lot, dear sister to so many all around.
A cherished, godly woman such as you is rarely found.
Please know I'm sending all my love and pray you're on the mend.
God bless you dearest sister, get well soon my precious friend.



Get Well Soon

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Greetings dearest brother, I'm writing just to say
The news about events of late has filled me with dismay!
What uninvited drama! Such troubles undesired,
But still your grace is evident and there to be admired!

Your selfless way astounds me for though it's you who suffers,
Your focus and concern are centred more on loving others!
Such witness, dearest brother is really rather rare!
Your peace within this trial speaks to people everywhere.

And so I pray with fervency and ask our God above
That He would touch your heart today and fill you with His love.
May He bring you healing with His ever faithful touch,
His power knows no limits so we cannot ask too much!

I ask the Holy Spirit would encourage you today
And bring you every comfort with His warm embrace, I pray.
May your spirit be refreshed and strengthened from within
With thoughts of reassurance as you find your rest in Him.

You mean a lot, dear brother to so many all around.
A cherished, godly man such as yourself is rarely found.
Please know I'm sending all my love and pray you're on the mend.
God bless you dearest brother, get well soon my precious friend.

Psalm 6:2

*"Have mercy on me, O Lord, for I am weak;
O Lord, heal me, for my bones are troubled."*

Psalm 20:1

*"May the Lord answer you in the day of trouble;
May the name of the God of Jacob defend you."*

Psalm 41:3

*"The Lord will strengthen him on his bed of illness;
You will sustain him on his sickbed."*

Exodus 15:26

"I am the Lord who heals you."

Matthew 11:28-29

*"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me,
for I am gentle and lowly in heart, and you will find rest for your souls."*

Poetry by
Lucy Wall



Psalm 103:2-3

*“Bless the Lord, O my soul,
And forget not all His benefits:
Who forgives all your iniquities,
Who heals all your diseases.”*

Jeremiah 30:17

*“For I will restore health to you
And heal you of your wounds,’ says the Lord.”*